

Support Groups at Safelight



Loved Ones Support Group

Psychoeducation group for parents and/or allies of a young person who has been sexually abused. This group will teach you about the impact of sexual violence and your role as an ally and increase your knowledge and skills, all while gaining support from others with similar experiences.

Tuesdays, 6-7:30 PM via Goggle Meets
Facilitator: Rebecca Alford, rebecca@safelightfamily.org



Domestic Violence Intervention Program (Men)

Psychoeducation groups for Male Identifying Individuals are the primary aggressor in their relationship. Group will focus on understanding how the use of power and control is achieved through physical, verbal, and non-verbal behavior.

Mondays & Tuesdays 5:30 PM - 7:00 PM via Google Meets
Facilitator: Sherron Bristol sherron@safelightfamily.org
*Referrals through DSS and/or court



Nurturing Parenting Group

"The Nurturing Parenting Programs are a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

Tuesdays, 4:00 PM - 5:00 PM @ Dandelion *Closed DSS Group*
Facilitator: Paige at paige@safelightfamily.org
Next Group Starts on November 15th



Partner Intervention Program

Psychoeducation groups for Female Identifying Individuals who have been involved in a relationship where there is domestic violence. The group will focus on the impact of domestic violence to build communication, conflict resolution, and emotional regulation skills.

Wednesdays, 4:00 PM - 5:00 PM @ Dandelion
Facilitator: Missy at missy@safelightfamily.org
Open to all Safelight clients



Counseling Open House

Gain information about counseling services and have an opportunity to receive support and start initial paperwork as appropriate.

Second Tuesday of the Month, 5-6:30 PM

Coming Soon-- Seeking Safety Group

Facilitator: Paige at paige@safelightfamily.org

Closed Shelter Group